

## CONFIRMATION SERVICE HOURS WORKSHEET

Student Name		Phone Number	Year_2025
(Nombre de Estud	diante)	(Telefono)	(Año)

Date / Fecha	Type of Service (F,P,C) <sup>1</sup>	Description of Service / Descripción del servicio	# of Hours / # de horas	Supervisor's Signature / Firma de Supervisor	Supervisor's Phone Number / Número de teléfono del supervisor

- 1. Type of Service: F Family; P Parish; C Community
- 2. Completed (10 hrs) Service Hours Worksheet is due by Wednesday, March 12th. This requirement is for students receiving the sacrament of Confirmation in April 2025.
- 1. Tipo de servicio: F Familia; P Parroquia; C Comunidad
- 2. La hoja de trabajo de horas de servicio completa (10 horas) debe entregarse antes del miércoles 12 de marzo. Este requisito es para los estudiantes que recibirán el sacramento de la Confirmación en abril de 2025.

## **Confirmation Service Hours**

According to the *Catechism of the Catholic Church*, one of the effects of the sacrament of Confirmation is to "give us a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ, to confess the name of Christ boldly, and never to be ashamed of the Cross."

In order to prepare yourself to receive the sacrament of Confirmation, it is important that you spend time going out into the world and being Christ to others. There are many ways you can do that, and to help you start, below are three categories that will introduce you to new and to familiar ways to serve others, including your family. Hopefully the suggestions listed below will help you see the needs of those around you. Please pay careful attention to how you obtain the 10 required hours of service.

**Please note:** You are required to keep track of your service hours. You will need a supervising adult to sign the service log. Also, please write a short reflection below. Please use the attached log to record them, as you will turn the log in **before Confirmation.** 

The categories are as follows:

**Family:** Chores that are *above and beyond* those already expected of you and that are something you wouldn't normally choose to do are the best example. You should seek the advice of a parent, grandparent or even your Religious Education teacher if you need suggestions.

**Parish:** These hours should be obtained through assisting at events at the parish. There are many opportunities, and we are happy to help you determine which would be the most fitting for you. A few examples are volunteering at the Good Samaritan, being an aide in a Religious Education class, or volunteering to help with the events at the Church.

**Community:** Most events that benefit others and are held in your local community are the best way to fulfill your service hours. These might include volunteering at the Special Olympics, an animal shelter, a hospital, a nursing home, or a soup kitchen.

Reflection:			